





























# Allergènes des plats

## Repas du lundi 18 mars 2019 au lundi 25 mars 2019

|                    | Plat                                   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------|--|---|---|---|---|--|---|---|---|---|---|---|---|---|---|
| <b>Lundi 18</b>    |  |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
| Déjeuner           | Salade Coleslaw BIO                    |   |   | X   |   |  |   |   |   |   | X   |   |   |   |   |
|                    | Irish Stew (Agneau, Carottes, oignons, |   |   |   |   |  |   |   |   | X   |   |   |   |   |   |
|                    | Délice de Chèvre                       |   |   |   |   |  |   | X   |   |   |   |   |   |   |   |
|                    | Pain                                   | X   |   |   |   |  |   |   |   |   |   |   |   |   |   |
| <b>Mardi 19</b>    |  |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
| Déjeuner           | Laitue vinaigrette                     |   |   |   |   |  |   |   |   |   | X   |   | X   |   |   |
|                    | Spaghetti BIO emmental râpée           | X   |   |   |   |  |   | X   |   |   |   |   |   |   |   |
|                    | Entremet chocolat                      |   |   |   |   |  |   | X   |   |   |   |   |   |   |   |
|                    | Pain                                   | X   |   |   |   |  |   |   |   |   |   |   |   |   |   |
| <b>Mercredi 20</b> |  |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
| Collation          | Lait - Pain et Confiture               | X   |   |   |   |  |   | X   |   |   |   |   |   |   |   |
| Déjeuner           | Taboulé Maison à la Menthe             | X   |   |   |   |  |   |   |   |   |   |   |   |   |   |
|                    | Quenelles natures BIO sauce Aurore     | X   |   | X   |   |  |   | X   |   |   |   |   |   |   |   |
|                    | Fromage des Pyrénées                   |   |   |   |   |  |   | X   |   |   |   |   |   |   |   |
|                    | Pain                                   | X   |   |   |   |  |   |   |   |   |   |   |   |   |   |
| <b>Jeudi 21</b>    |  |   |   |   |   |  |   |   |   |   |   |   |   |   |   |
| Déjeuner           | Concombres - Fêta                      |   |   |   |   |  |   | X   |   |   | X   |   | X   |   |   |

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|                    | Plat                                   |  Gluten |  Crustacés |  Oeufs |  Poissons |  Arachides |  Soja |  Lait |  Fà coques |  Céleri |  Moutarde |  Sésame |  SO <sub>2</sub> Sulfites |  Lupin |  Mollusque |  |
|--------------------|--|--|---|---|--|--|--|--|---|--|--|--|--|---|---|--|
|                    | Boulgour BIO                           | X  |   |   |  |  |  |  |   |  |  |  |  |   |   |  |
|                    | Carré de l'est                         |  |   |   |  |  |  | X  |   |  |  |  |  |   |   |  |
|                    | Gaufre au sucre                        | X  |   | X   |  |  |  | X  |   |  |  |  |  |   |   |  |
|                    | Pain                                   | X  |   |   |  |  |  |  |   |  |  |  |  |   |   |  |
| <b>Vendredi 22</b> |  |  |   |   |  |  |  |  |   |  |  |  |  |   |   |  |
| Déjeuner           | Salade Cauchoise BIO                   |  |   |   |  |  |  | X  |   |  |  |  |  |   |   |  |
|                    | Filet d'Eglefin Sauce verte de Chausey | X  |   |   | X  |  |  | X  |   |  | X  |  | X  |   |   |  |
|                    | Fondue de poireaux à la crème          |  |   |   |  |  |  | X  |   |  | X  |  | X  |   |   |  |
|                    | Neufchatel                             |  |   |   |  |  |  | X  |   |  |  |  |  |   |   |  |
|                    | Pain                                   | X  |   |   |  |  |  |  |   |  |  |  |  |   |   |  |